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| Marec  **Určite som nikdy nič také nepovedal.** | **Vstanem ráno o piatej a pôjdem cvičiť.** |
| C:\Users\Admin\Desktop\images (2).jpg2021 | C:\Users\Admin\Desktop\1_thumb_98263.jpg |
|  | **10 drepov**  **10 kľukov**  **10 brušákov** |

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| **Pondelok** | **Utorok** | **Streda** | **Štvrtok** | **Piatok** | **Sobota** | **Nedeľa** |
|  |  | **Začíname!** |  |  |  |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
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| 8 | 9 | **10** | **11** | **12** | **13** | **14** |
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| **15** | **16** | **17** | **18** | **19** | **20** | **21** |
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**Meno: Trieda:**

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| **10.3.**  **2021** |  |  |  |  |  |
| **11.3.**  **2021** |  |  |  |  |  |
| **12.3.**  **2021** |  |  |  |  |  |
| **13.3.**  **2021** |  |  |  |  |  |
| **14.3.**  **2021** |  |  |  |  |  |
| **15.3.**  **2021** |  |  |  |  |  |
| **16.3.**  **2021** |  |  |  |  |  |
|  |  |  |  |  |  |
|  | Happy  Relaxed  Content  Smiling face with no fill | Energetic  Focused  Creative  Grinning face with no fill | Lazy  Blah  Just No  Nervous face with no fill | Annoyed  Tired  Sick  Sad face with no fill | Stressed  Emotional  Angry  Angry face with no fill |

**Meno: Trieda:**

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| **10.3.**  **2021** |  |
| **11.3.**  **2021** |  |
| **12.3.**  **2021** |  |
| **13.3.**  **2021** |  |
| **14.3.**  **2021** |  |
| **15.3.**  **2021** |  |
| **16.3.**  **2021** |  |